



You should seek help if you have any of the following concerns:

- Your child is NOT reaching developmental speech and/or motor milestones
- You have difficulty understanding what the child/adult is trying to say
- You think the child is speaking differently from children of the same age
- The child/adult has difficulty telling you what he or she wants
- The child/adult has difficulty understanding what people are saying
- The child/adult has difficulty swallowing/chewing or tolerating textured foods or liquids
- The child/adult has persistent harsh or breathy vocal quality for several week period of time



Speech, Language and Swallowing Disorders in children include Articulation, Language, Fluency, Voice and Dysphagia. These may result from:

- Autism
- Birth defects (cleft lip or palate)
- Cerebral Palsy
- Cognitive or other developmental delays
- Excessive ear infections during first year of life
- Feeding Problems
- Hearing impairments
- Traumatic Brain Injury
- Vocally abusive behaviors
- Weak Oral Musculature

Some children suffer from a developmental delay without a specified or underlying diagnosis referred to as idiopathic (typical with articulation disorders).

WHO CAN HELP WITH MY SPEECH LANGUAGE CONCERNS?

Speak with your physician/pediatrician about your concerns regarding the patient's speech and if you should see a speech language pathologist.

Please contact us with your questions and concerns or to schedule an evaluation:

Aileen Grullon-Colon MA, CCC-SLP
Telephone: 954-536-1806
Email: AileenSLP@adultstopediatrics.com



In patients with swallowing disorders, we will monitor signs and symptoms of aspiration. Additional radiologic or endoscopic evaluation may be recommended to further assess the swallow function. We will also assist in upgrading food restrictions through treatment exercises/techniques, food texture recommendations, and swallowing strategies.

Group or individual therapy may be recommended for further evaluation by other health professionals such as an audiologist, a developmental psychologist, or an otolaryngologist.

WHY MIGHT I NEED SPEECH THERAPY?

Speech, Language and Swallowing Disorders in adults include Aphasia and/or Cognitive Deficits, Dysarthria, Apraxia, Dysphagia, and Voice Disorders. Sometimes therapy is elective such as in cases of Accent Reduction. Whereas some cases are idiopathic, most often disorders result secondary to neurological dysfunction, head and neck cancer and/or vocally abusive behaviors. Several more common neurological disorders include:

- Alzheimer's Disease
- Amyotrophic Lateral Sclerosis (ALS)
- Bell's Palsy
- Dementia
- Epilepsy
- Huntington's Disease
- Multiple Sclerosis
- Parkinson's Disease
- Stroke
- Traumatic Brain Injury

HOW WILL I BENEFIT FROM SPEECH THERAPY?

Speech therapy aims to improve a person's ability to communicate and/or swallow. We assist the patient in:

- the use of remaining abilities
- restoring abilities as much as possible
- teaching compensatory strategies for the problem indicated
- learning other methods of communicating (e.g. Augmentative Communication Device, Sign Language)
- HEP for maintenance of goals



WHAT IS SPEECH LANGUAGE THERAPY?

At ATP Therapy LLC, we develop a treatment plan that is customized to each patient's needs. We may teach patients how to make sounds, improve their voices, increase their oral/written language skills to communicate more effectively and/or assist in the use of communication devices. We also teach swallowing strategies to improve swallow function or assist in decision making for alternative forms of nutrition.

Our goal is to assist patients in developing or recovering reliable communication and swallowing skills. Whether to improve academic achievement, social confidence, or overall quality of life, we help our patients reach their maximum potential as individuals.

A crucial part of successful treatment is family participation. It is important for all family members to be patient and understanding with the child or adult as well as to be active participants in home exercise programs (HEP).

WHEN DO I NEED TO CONSULT A SPEECH LANGUAGE PATHOLOGIST?

- **Early detection and intervention is essential.** Professional help should be sought out as soon as you have concern.
- The most critical time period for speech and language development is between one and three years of age.
- Many professionals also agree that the most effective treatment begins early in the recovery process following Stroke or TBI.



MISSION STATEMENT

“To provide quality speech, language and swallowing services to children, adolescents and adults in order to improve client’s quality of life and functional daily living.”

ABOUT US

Adults to Pediatrics Therapy, LLC (ATP) provides comprehensive diagnostic and therapeutic services to children and adults with the convenience of in-home therapy. Our goal is to not only provide innovative and quality treatment, but to also be a resource for parents and family members who are dealing with speech-language and/or swallowing disorders. By working collaboratively with families and other professionals, we enable our clients to reach their maximum potential.

ABOUT THE FOUNDER

ATP Therapy, LLC was founded by Alicia Grullon-Colon, MA, CCC-SLP to provide quality in-home therapy services for a more family-centered approach to treatment. Alicia is fluent in both English and Spanish, and as an attendee of the University of Central Florida, she earned a:

- Bachelor of Science in Communicative Disorders
- Minor in Health Service Administration
- Masters of Art in Communicative Disorders
- Specialty in Multicultural/Multilingual Populations
- Florida State Licensee for Speech Language Pathology
- Certificate of Clinical Competence (CCC)



ATP specializes in the following services for pediatric and adult patients:

- Aphasia
- Articulation/Phonological Disorders
- Auditory Processing Disorders
- Beckman Oral Motor Program
- Behavioral Feeding
- Bilingual Speech Services (English/Spanish)
- Cognitive Disorders
- Developmental and Acquired Apraxia
- Developmental Delays
- Dysarthria
- Dysphagia (Swallowing Disorders)
- Myofascial Release/Stimulation
- Neuromuscular Electrical Stimulation (NMES)
- Oral Motor Techniques
- Orofacial Myofunctional Disorders (Tongue Thrust)
- Pragmatic Skills
- Receptive/Expressive Language Disorders
- Voice

For more information on Adult and Pediatric Speech Language Pathology Services, please visit our website at www.adultstopediatrics.com or call:

Alicia Grullon-Colon, MA, CCC-SLP
954.536.1806 aileenslp@adultstopediatrics.com
www.adultstopediatrics.com

FREE SPEECH/LANGUAGE SCREENINGS GROUPS (AGES 2-5)

References: National Institute on Deafness and other Communication Disorders (NIDCD) <http://www.nidcd.nih.gov/health>



Adults to Pediatrics Therapy, LLC
Speech, Language and Swallowing Therapy

“Working together to communicate, one sound at a time”

Servicing adult and pediatric speech, language, voice, and swallowing disorders

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